

Keeping your CRF well maintained is absolutely essential to your safety. It's also a good way to protect your investment, get maximum performance, avoid breakdowns, and have more fun.

To help keep your CRF in good shape, this section includes a Maintenance Schedule for required servicing and step-by-step instructions for specific maintenance tasks. You'll also find important safety precautions, information on oils, and tips for keeping your Honda looking good.

An ECM system is used on this motorcycle; consequently, routine ignition timing adjustment is unnecessary. If you want to check the ignition timing, refer to the Honda Service Manual (page 160).

An optional tool kit may be available. Check with your dealer's parts department.

Before You Service Your Honda

The Importance of Maintenance	22
Maintenance Safety	23
Important Safety Precautions	23
Maintenance Schedule	24
General Competition Maintenance	26
Before & After Competition Maintenance	30
Between Motos & Practice Maintenance	30
After Competition Maintenance	30

Service Preparations

Maintenance Component Locations	32
Seat	33
Fuel Tank	34
Subframe	36

Service Procedures

Fluids & Filters

Fuel System	40
Engine Oil	49
Transmission Oil	52
Coolant	54
Air Cleaner	56
Crankcase Breather	58

Engine

Throttle	59
Engine Idle Speed	61
Clutch System	62
Spark Plug	67
Valve Clearance	68
Piston/Piston Rings/Piston Pin	76

Chassis

Suspension	85
Front Suspension Inspection	85
Rear Suspension Inspection	86
Recommended Fork Oil	87
Fork Oil Change	87
Brakes	90
Wheels	94
Tires & Tubes	95
Drive Chain	97
Exhaust Pipe/Muffler	100
Steering Damper	103
Additional Maintenance Procedures	105
Appearance Care	107