

## Shifting Gears *(Continued)*

### CRF1000D

Your motorcycle is equipped with an automatically controlled 6-speed transmission. It can be shifted automatically (by AT MODE) or manually (by MT MODE).

## Recommended Shift Points

### Shifting Up

|                 |                  |
|-----------------|------------------|
| From 1st to 2nd | 12 mph (20 km/h) |
| From 2nd to 3rd | 19 mph (30 km/h) |
| From 3rd to 4th | 25 mph (40 km/h) |
| From 4th to 5th | 31 mph (50 km/h) |
| From 5th to 6th | 37 mph (60 km/h) |

### Shifting Down

|                 |                  |
|-----------------|------------------|
| From 6th to 5th | 28 mph (45 km/h) |
| From 5th to 4th | 22 mph (35 km/h) |
| From 4th to 3rd | 16 mph (25 km/h) |

#### NOTICE

Improper shifting can damage the engine, transmission, and drive train. Also, coasting or towing the motorcycle for long distances with the engine off can damage the transmission.